



Competition instructions - Kuopio middle distance 18.9.2022

Competition officials

Event director: Sakari Hyvönen - synnove25(at)gmail.com

Assistant event director: Aarne Keurulainen

Course advisor: Pekka Hiltunen

Course setter team: Thierry Gueorgiou (H/D21), Jukka Auvinen, Markku Kotamäki (children's courses)

Media: Mikko Leppävuori - mikko.leppavuori(at)gmail.com

Announcer: Pekka Kirvesmies

Info: Kaisu Kolehmainen, Cecilia Kurkinen

Start: Mikko Karjalainen, Hanna

Finish / result service: Raimo Kariniemi, Tiina Torvela

Safety: Eino Launonen

Signposting and parking: Timo Ruotsalainen

First aid: Tiina Sundvall, Kirsi Koskelo

Judge panel: Pekka Vornanen (SuonVa) (chairman), Riikka Holm (SiiRa), Juha Minkkinen (KR)

Competition rules

The competition follows the rules of the IOF and the Finnish Orienteering Federation (SSL) and guidelines given by the organizer.

Competition terrain

The Rasinmäki area offers a wide range of Savonian orienteering terrains. The vegetation consists mainly of spruce-dominant forest and grove dells. On top of the hills there is open pine forest but no distinct bare rock terrain. The age of the trees ranges from young, recently planted production forests to natural forests which are more than a hundred years old. The height differences are very reasonable for Savonian terrain. The visibility varies from excellent to very poor. The information about visibility given on the map is not affected by the season. On the children's courses H/D8RR/RRS, H/D10RR and H/D12TR there are trails, vegetation boundaries and houses to guide the orienteering. Competitors will cross a road with little traffic, please be careful when crossing.

Map and scale

- Map (6/2022) Vesa Tiihonen.
- Print map
- Scale 1:10 000 in classes H/D21A-H/D12 and H/D35-40.
- Scale 1:7500 in classes H/D12TR, H/D8-10 RR/RRS, H/D45 and older classes.

Classes, course lengths, number of controls, start and number of those awarded

Class	Distance (km)	Number of controls	Start	Awarded
H21	6,1	20	1	3
H35	4,8	18	1	1
H40	4,8	18	1	1
H45	4,2	17	1	1
H50	4,2	17	1	1
H55	3,6	15	1	1
H60	3,0	13	1	1
H65	2,4	10	1	1
H70	2,4	10	1	1
H75	2,3	9	1	1
H80	2,3	9	1	1
H85	2,3	9	1	1
H17-20	4,2	17	1	1
H16	3,6	15	1	1
H14	1,9	8	2	1
H12	1,4	6	2	all
H12TR	1,3/2,0	8	2	all
H10RR	1,2/2,0	6	2	all
H8RR	1,2/2,0	6	2	all
H8RRS	1,2/2,0	6	2	all
D21	4,8	17	1	3
D35	4,2	17	1	1
D40	3,6	15	1	1
D45	3,6	15	1	1

D50	3,0	13	1	1
D55	3,0	13	1	1
D60	2,4	10	1	1
D65	2,4	10	1	1
D70	2,3	9	1	1
D75	2,3	9	1	1
D80	2,3	9	1	1
D85	2,3	9	1	1
D17-20	3,6	15	1	1
D16	3,0	13	1	1
D14	1,9	8	2	1
D12	1,4	6	2	all
D12TR	1,3/2,0	8	2	all
D10RR	1,2/2,0	6	2	all
D8RR	1,2/2,0	6	2	all
D8RRS	1,2/2,0	6	2	all
Open A	4,7	16	1	-
Open B	3,5	13	1	-
Open C	2,4	9	1	-

Start times

The first start is at 12.00. In classes H/D21 starts according to WRE points so that the competitor with the most points starts last. In other classes start times are drawn. The start lists will be published on Friday 16.9.2022 by 12.00 on the competition site.

Signposting

The colours for signposting to starts will be presented at the competition center. There is signposting from the parking area to the competition center. Parking on Kaislastentie road. It is mandatory to use the underpass to the competition center. Distance from parking to the competition center is 500-1500m.

Dressing rooms, wc and showers

In the competition center. Competitors may use the school showers.

It is forbidden to enter the school building in orienteering shoes with studs!

Sample control

At the competition center. Please check your emit card is working. There are also a couple of spare emit cards at the start. A sample RR control is at the start.

Competition numbers

Competition numbers at the info. Please bring your own safety pins.

Rented emit-cards and changes

Rented emit cards may be obtained at the info desk. Please remember to return rented cards after the contest!

Emit changes to Info or sms 050-3754103.

Control descriptions and emit back up cards

Control descriptions are printed on the map and separate descriptions are available from classes H/D14 at the start. Emit back up cards available at the info near the numbers and at the start.

Map size and cover

Map size A4. In classes TR and RR/RRS map size A5. The map is in a plastic cover.

Embargoed areas

Areas outlined on the map are marked in the terrain with unbroken plastic tape.

Areas not outlined on the map are not marked in the terrain. All embargoed areas are out of bounds.



Drinking stations and first aid

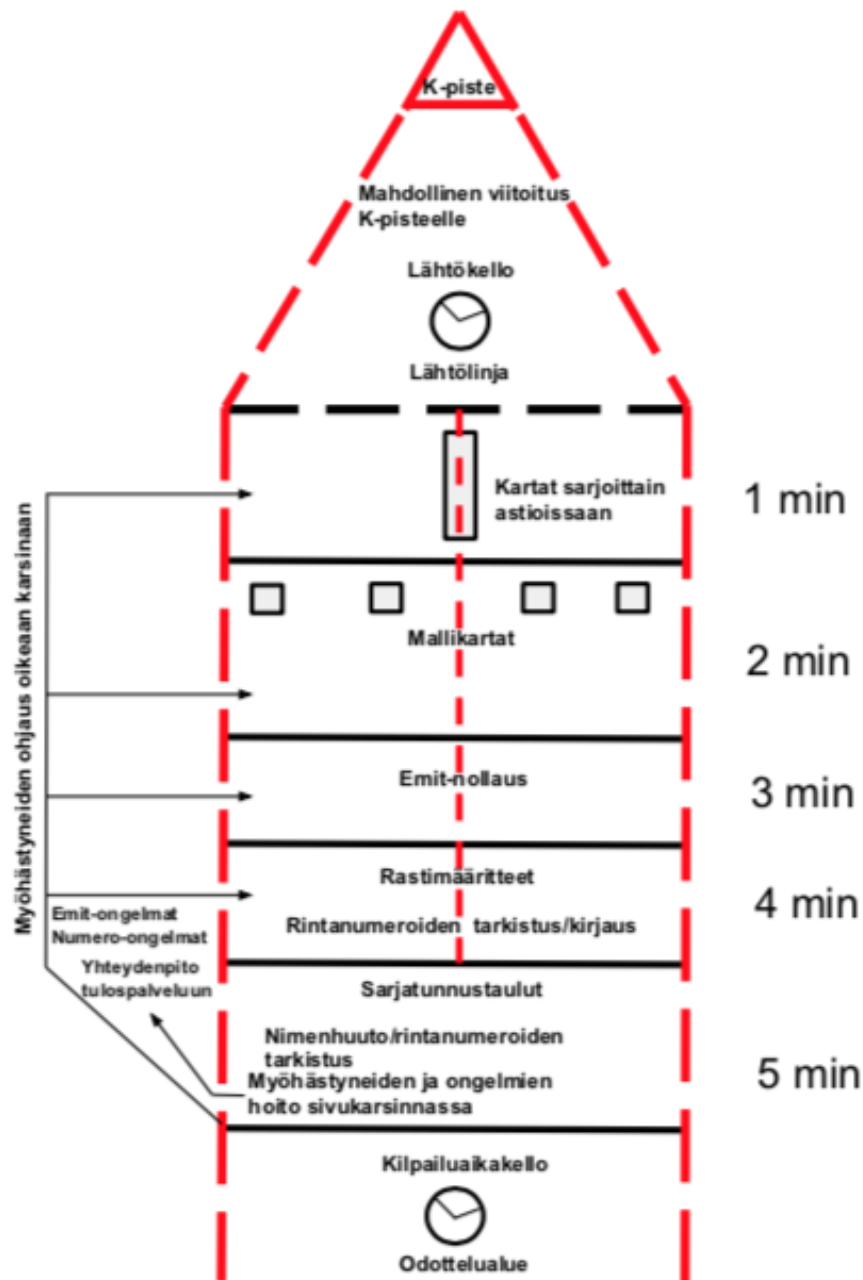
There are no drinking stations or first aid in the terrain. Water and first aid can be obtained at the competition center.

Signposting and distance to start

The distance from the competition center to start L1 is 700m. The children's start (classes H/D8-10RR, H/D12, H/D12TR and H/D12-14) is 200m from the competition center. The route is marked with plastic tape. Please check the colour of the tape at the competition center.

Start and finish

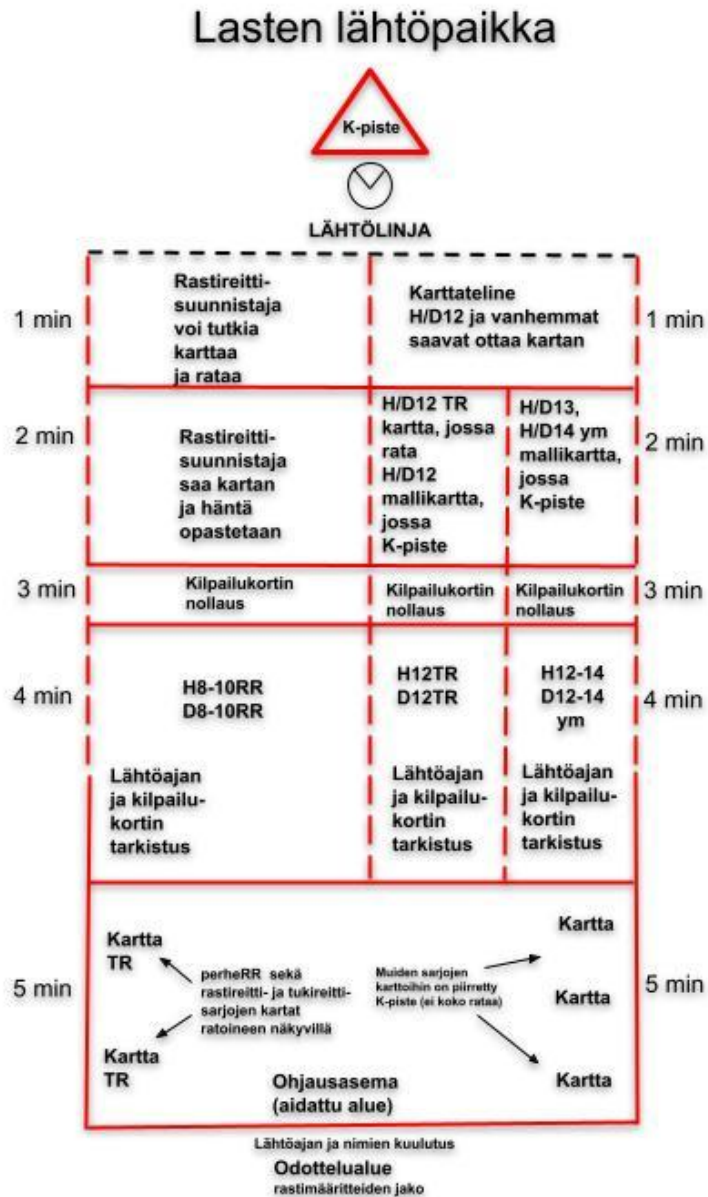
Lähdön järjestelyt



Procedure at the start

- 5 min: the competitor is called
- 4 min: Control descriptions. The competition number is checked and registered.
- 3 min: The competitor is called to the start box. Emit reset
- 2 min: A map of the competition area presented
- 1 min: Competitors place themselves next to the bucket containing the right map.
- Start: at the signal. The route from the start to the K-point is signposted.

Start procedure in classes H/D8-10RR-, H/D12TR and H/D12-14



- 5 min: model maps
- 4 min: officials check emit cards and start time
- 3 min: Emit reset
- 2 min: Competitors in RR classes are given a map and guidance. Competitors in TR classes may look at a map with the course. Competitors in classes H/D14 may look at a map with the K-point.
- 1 min: Competitors in RR classes may look at their map. Competitors in classes TR, H/D12 and H/D14 may move to their map bucket and take the map.
- Start at the signal.

Special instructions for classes RRS-, RR- ja TR

The children's RR course is marked in the terrain with an unbroken white plastic tape. An orange line marks this tape line on the map. The RR controls have normal control units and control flags and both are marked RR1, RR2 etc. The last control is the same as in other categories. At the last control there are two units: one marked RR and one 100. You can punch at whichever of these. An RR competitor is not disqualified because of a missing punch but an extra 10 minutes per missing punch is added to their finishing time.

The TR class tape is marked on the map and in the terrain similarly to the RR class. TR controls have normal number codes. At the last control you can punch at the RR or 100 marked control.

At the finish, officials check that the competitor has punched the right controls in the right order. The competitor is not disqualified for extra incorrect punches as long as in addition to these, all the right punches are made in the right order. This applies to competitors in all classes. In the RRS class a child may be accompanied by an adult.

Withdrawals

A competitor who wishes to withdraw from the competition must notify an official at the finish line.

Finish

Competitors must follow the marked route from the last control to the finish. After the final punch at the finish line competitors continue along the signposting to the control check point. Possible faulty punching is dealt with immediately. No drinking water is served at the finish. The finish is closed at 15.00.

There is a separate finish for open courses and this is marked by a separate lane before the finish line.

Withdrawals

A competitor who wishes to withdraw from the competition must notify an official at the finish line.

Awards

The top three in classes H/D21A are awarded after the results are confirmed. All children up to 12 years are awarded at the finish. Winners of other classes may obtain their prizes at the info when results are confirmed.

Open courses

Fitness orienteering is arranged during the competition. Those taking part in this may start between 12.30 and 13.30. Course A 4,7km, B 3,5km and C 2,4km. Price for open courses 8 €. Payment and instructions for open courses at the info. You can use KuoSu serial card, cash, MobilePay or in advance via [Rastilippu.fi](https://www.rastilippu.fi).

Kuopion Suunnistajat ry