

#### Welcome to Kuopio – the capital of good living!

I am delighted to welcome all competitors and participants in the orienteering World Cup event to Kuopio region. The setting and scenery in Northern Savolax and Kuopio provide the race with a unique element and make it an unforgettable experience. Kuopio region is a clean and safe but versatile place to run the race. The water and air quality are one of the best in world and they will boost the performances to the best.

Kuopio is the 8<sup>th</sup> biggest city in Finland, with nearly 123,000 inhabitants. Kuopio residents are statistically very satisfied with the recreational opportunities and residential environment of their hometown. In addition to World Cup you are welcomed to Kuopio Market Place or "Mualiman napa" "The centre of the Universe, as we locals call it.

Looking forward of seeing you in September 2024!"



Soile Lahti Mayor of Kuopio











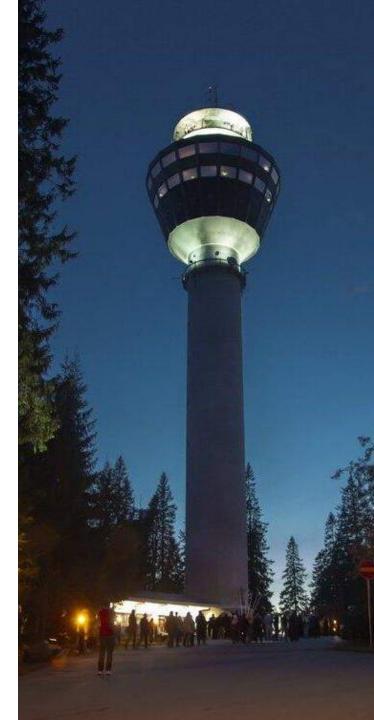
















Kuopion Suunnistajat ry

Acting role

Secretary General Sakari Hyvönen

Keurulainen Arena Aarne

Competition Taskinen Ari

**EHS** Heikki Kääriäinen

**Spectator races** Kauhanen Ari

Marketing and communication Timo Suhonen

Hyyryläinen Technology Ari

**Senior Event Adviser** Maalen (NOR) lvar

**National Controller** Kymäläinen (FIN) Jari

Information contact person:

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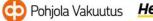
www.woc2025.fi





















### **Venue**

Kuopio, WOC 2025's host town in Eastern Finland, offers a blend of urban amenities, outdoor activities, and a vibrant sports scene. Situated by Lake Kallavesi, it's renowned for its natural beauty and active lifestyle. With a charming city center, stunning lakes, and nearby national parks, Kuopio is perfect for outdoor enthusiasts. The city also hosts various sporting events, including the Kuopio Ice Marathon, cross-country skiing and ski jumping competitions. The local clubs in football and ice hockey play at the highest national level. Whether seeking relaxation or sports adventures, Kuopio provides an unforgettable experience.

The presence of the forest industry in North Savonia adds another layer to the region's rural charm. It highlights the harmonious relationship between humans and nature, showcasing how sustainable forestry practices can coexist with the breathtaking natural landscapes, cultivated fields, lakes, and minor hills that make this region so unique. In addition to its landscapes, the North Savonia countryside also plays a significant role in Finland's forest industry. The region is known for its vast stretches of forests, consisting primarily of coniferous trees like pine and spruce.















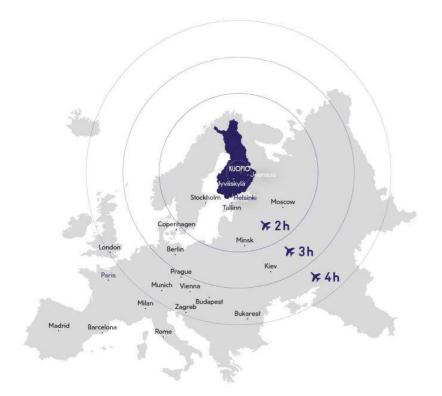






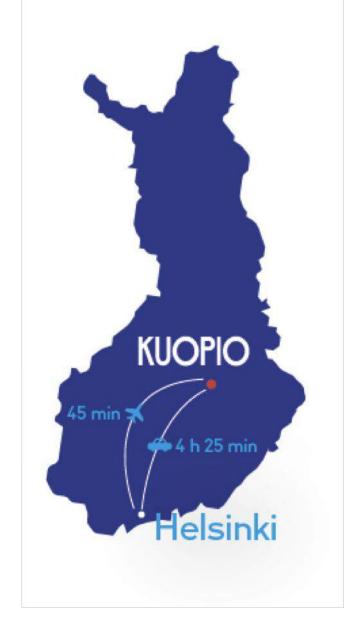
## **Arriving**

To get to the Kuopio-Tahko area, you have the option of travelling by plane, train or bus, depending on your starting location.



#### Plane

The most convenient way to reach the Kuopio-Tahko area from a distant location or an international destination is by flying to Kuopio Airport (KUO). Kuopio Airport is the closest airport to the Tahko area and is located approximately 50 kilometers from Tahko.

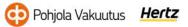






















#### Train

If you prefer to travel by train, you can take a train to Kuopio Railway Station, which is located in the city center of Kuopio. From there, you can continue your journey to the Tahko area by other means of transportation, such as a bus or taxi. The Tahko area is approximately 50 kilometers from Kuopio, and you can find local transport.

#### Bus

Several bus companies operate routes to Kuopio Bus Station, which is located in the city center of Kuopio. From Kuopio, you can then take a local bus or arrange for transportation to the Tahko area. Buses provide transportation between Kuopio and Tahko, and the journey typically takes around 1–1.5 hours.

Rent a car

Welcome to the journey with Hertz.

As a partner of The Finnish Orienteering Federation, we offer a discount of up to 10% on short term car hire in Finland.

At the time of reservation please use the Discount Code (CDP) 930742.

2025 World Orienteering Championships l Hertz Car Hire









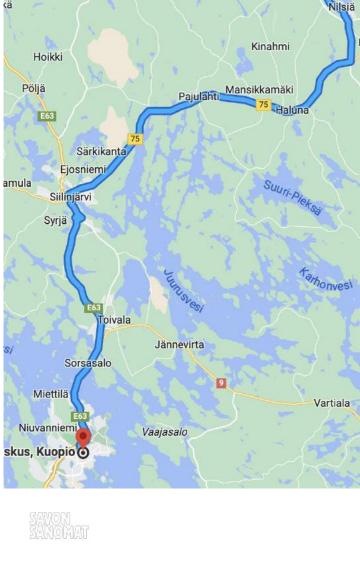








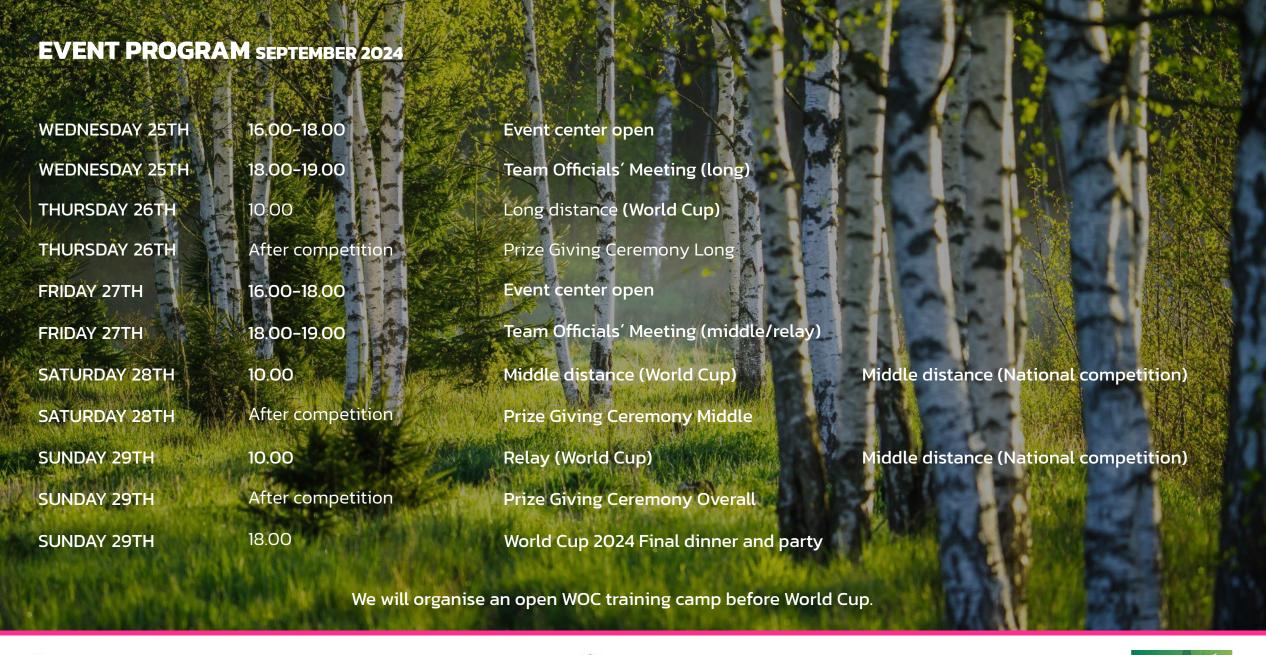




Tahko O

Ruokosalmi

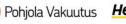
Sieraniemi













































### **ENTRIES AND ENTRY DEADLINES**

**Team Size Entry (-2 months, deadline 26th July 2024)** 

The following information shall be filled in Eventor:

- Team manager
- Number of Team athletes (Men and Women)
- Number of Team officials
- Number of Team athletes in the individual races: Federation Team Quota will be published by the IOF
- There is no maximum number of officials per team

Team Names Entry (- 10 days, deadline 16th September 2024)

The following information shall be filled in:

- Name of each Team athlete and official by selecting from federation members in IOF Eventor
- Competition Entries Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12:00 on the day before for the long and middle competition and before 18:00 for the relay









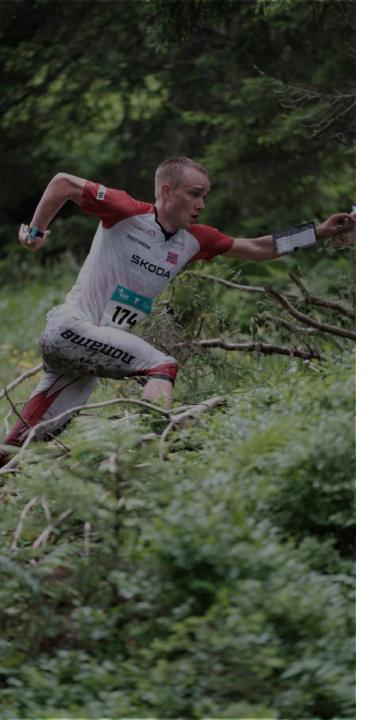












#### **Late Entries, Changes of Team Size or Team Names**

- Late Entries and changes will be accepted, if possible, up to one day before event start date,
   25th September 2024 at 12:00
- No late entries or changes will be accepted after that date
- Late entries and changes will always have a defined extra cost (surcharge)
- Late entries and changes will always be treated equally and must be communicated directly to the organizer sakari.hyvonen@woc2025.fi
- The organizer makes the changes in IOF Eventor after deadlines

#### **ENTRY FEES UNTIL 26th July 2024**

Accreditation 60€
 (athletes and team officials)

Long Distance 50€

Middle Distance 50€

• Relay team 150€





















#### **Prices includes:**

- Starting fee for competitions
- Training maps and competition maps
- World Cup 2024 Final dinner and party

Payment of the entry fees:

Kuopion Suunnistajat ry FIO4 5600 0520 6000 19

IBAN: FIO4 5600 0520 6000 19

**BIC: OKOYFIHH** 

### Terrain

The terrain is a varying mixture of Finnish forest. The total height difference is less than 100m, and there are no steep slopes or high cliffs. Signs of forest industry can be found throughout the area, causing big, rapid changes in runnability and visibility. Pine trees dominate the landscape. Vegetation in the lower parts of the terrain is usually dense in late summer and fall. The terrain includes both detailed areas and places where there are just a few features to navigate with, equally challenging.



















## **Details of the map**

Middle and relay: scale 1:10000 / contour 5 m / paper size A4.

Long distance: scale 1:15000/ contour 5 m / paper size A3.

Map Timo Joensuu and Janne Weckman (WRE 2023 / World Cup 2024 / WOC 2025).

6-colour printing 9/2024. The maps are inside sealed plastic bags.

## The punching system

The punching system used in the competition is emiTag. The organizer will reserve punching units for those who have not given Emit number upon entry. Rental punching units (5€) are available from the event organizer and can be picked up from the info desk at the event center. The organizer will charge 90€ for the lost unit.

# Winning time and approximate length of each course

Long distance 88-92 / 88-92 min 14 / 12 km

Middle distance 30–35 / 30–35 min 5,6 / 4,5 km

Relay 3 x 30-40 / 90-105 min 3 x 5,6 / 3 x 4,7 km





















## **Climate**

In September an average temperature is 10°C (51°F), the relative humidity 83% and we have 9 rainy days on average.

## Media

Journalists, photographers, camera personnel and social media content creators are welcomed. All registrations will be made in IOF Eventor.

More information and inquiries

Markus Karjalainen

email karjalainen.olli.markus@gmail.com, tel. +358 505913164

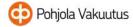
# **Passport and VISA**

To visit Finland you need a valid passport. For travellers from certain countries, a visa or further documents are required. Please check with your embassy if you need visa permits. For an official letter of invitation please send an email with request to sakari.hyvonen@woc2025.fi

A visa to visit Finland



















## Training possibilities and competitions

The preparations for World Cup 2024 and WOC 2025 include official training camps and own training possibilities in typical terrains of Northern Savonia. We will organize training packages for your preparation. Package is different each year. The package for 2024 consists several trainings – ready to use – with control flags in the forest. Training package for 2023 is still available with 8 different courses. It is also possible to use ocd files and printed maps without route markings. All training activities shall be coordinated with the organizer. Information about training maps, training camps and competitions can be found from our website woc2025.fi. For any training purposes contact training@woc2025.fi for additional advice.

2024

- Open WOC training camp
- WORLD CUP 26.-29.9.2024
  - Long Distance, Middle
     Distance and Relay

2025

- Training camp in June 2025 in conjunction with selection races
- Training Camp 1.–3.7.2025
- WOC 7.-12.7.2025





















## **EMBARGOED AREAS**

Embargoed areas are valid for all World Cup (2024) and WOC 2025 competitions. The same areas can be found on IOF Eventor. The areas marked on the map are strictly embargoed. No visiting, orienteering or training are allowed in those areas. All restricted areas have certain specific features that need to be taken into account. Also those with links to possible WOC team members are not allowed to visit those areas.

Google Maps











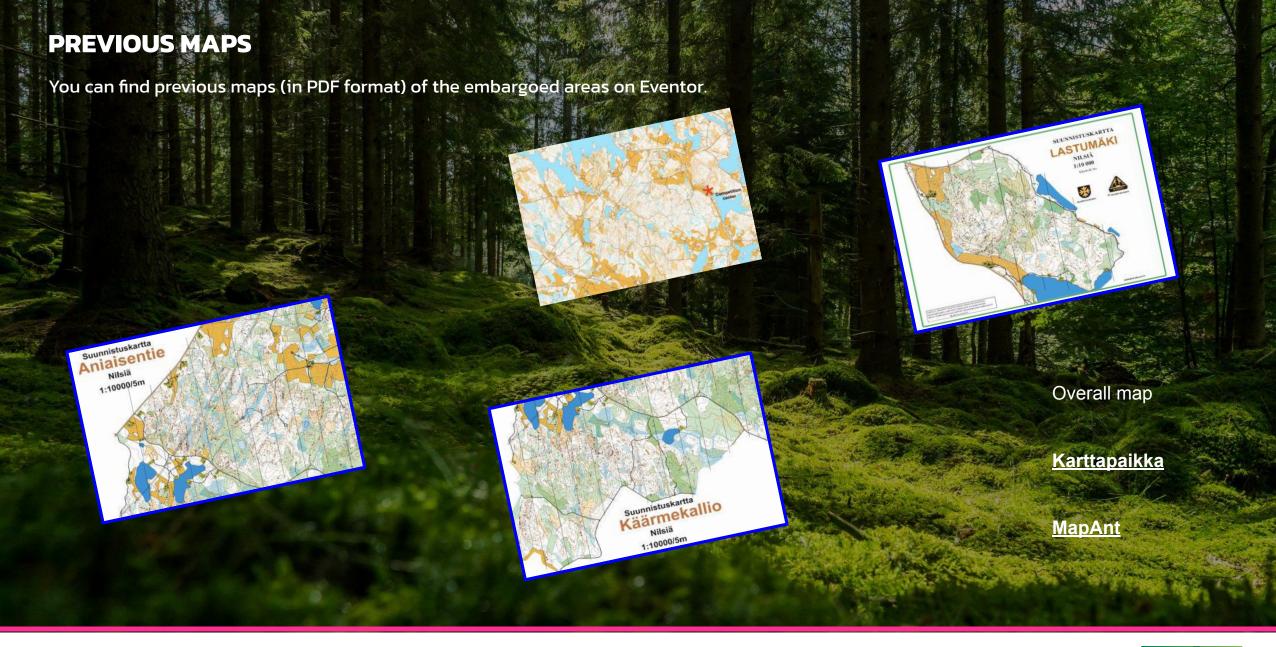






























### **Accommodation**

The cost of reasonable accommodation varies from 50 to 150 euros per night/person.

Our partner offers can be found from our website <a href="www.woc2025.fi">www.woc2025.fi</a>. Use code woc2025 while making a reservation.

No latest date for reservation of official accommodation.

### Rauhalahti

Spa Hotel Rauhalahti has 106 hotel rooms. The hotel building houses the spa pool section, treatment department, gym and restaurants.

Rauhalahti Apartment Hotel is located 100 metres from the Spa Hotel, the main hotel building. Apartment Hotel is ideal for families and small groups but also for couples.

Studio Hotel consist of 5 buildings and each of them has tree studios. The studios sleep 1– 4 persons. All studios have their own entrance, terrace and cooling system.



















# **Kuopio and Tahko lakeland restaurants**

The Finnish Lakeland and its capital, Kuopio, are well-known among tourists who love unforgettable food made from the freshest, local and natural ingredients.

Menus vary by season with fresh fish or tastes of the forest, as well as locally grown berries, vegetables and herbs which are available year-round. It's not just the food that is spectacular either, but the location and the ambiance.

Food allergies are not a problem – just ask for more information.

Prices for dinner or lunch vary from 10 to 50 euros.

More details from Kuopio-Tahko.

Kalakukko is a traditional Finnish dish from the region of Savonia made from fish (e.g., perch, vendace, loach, smelt, or salmon) baked inside a loaf of bread. Kalakukko is especially popular in Kuopio, home to many kalakukko bakeries.

























